



KARATE AUCKLAND

Union of New Zealand Karate-Do Organisations

Attn: Sports Co-ordinators

RE: AUCKLAND SECONDARY SCHOOLS KARATE CHAMPIONSHIP

Information Sheet

What: Auckland Secondary Schools Karate Championships
When: Sunday 13th June 2010, 12pm start
Where: Rangitoto College School Gym, 564 East Coast Road, Mairangi Bay
Cost: \$30 – Competitor's entry Spectators free.

- The competition is open to all fulltime students of New Zealand Secondary Schools as long as their entry is signed by their School Principal; they are under the age of 19 years as at 1st January 2010 and they meet the eligibility requirements of the NZ Secondary Schools Sports Council and Karate NZ
- The tournament will be conducted under the rules of the World Karate Federation (basic outline of rules explained below) & officiated by qualified Karate New Zealand referees & officials.

Basic Explanation of Rules

The tournament has two distinct areas of competition - Kata & Kumite.

Kata

Kata are Form patterns performed by an individual, which are judged on the basis of execution of technique, timing, correct posture & focus etc. Kata from the major styles of Shotokan, Goju Ryu, Shito Ryu and Wado Ryu may be performed. Numbers permitting there will be two kata divisions per age group, Development (Dev) 3rd kyu and under and Premier (Prem) 2nd kyu and above. The development division is restricted to performing "Kihon" Kata i.e. Pinan, Heian, Gekisai and Saifa. Kata may be repeated but not consecutively. Premier division no repeating of kata allowed but competitors may also perform the kihon kata. Lower grades may choose to compete in the premier division but cannot compete in both.

Kumite is the sparring competition between two contestants.

Each match will be 2 minutes in duration of actual sparring time. The winner is the first to achieve an eight-point difference or the contestant with the most points at the end of the time.

In situations of a draw, the referee will call "Sai Shiai" an extra bout of 1 minute will be run. If at the end of extra time the match is still drawn, the referee, in conjunction with the judges will make a decision.

Points will be scored for correct application & execution of kicks, punches or strikes to the scoring area, which are not blocked or avoided. The scoring area includes the head, face, neck, side, abdomen, chest and back but excludes the groin & limbs.

"Control" is of the essence & therefore excessive force or contact will result in penalty points being awarded, even if the technique is delivered to a scoring area.

Open handed techniques to the face, attacks to joints (knees, elbows etc) & any technique, which by its nature is considered dangerous, are all illegal techniques & will be penalised.

The WKF rules are on the Karate New Zealand website (www.karatenz.co.nz) under the sport karate section.

Competition dress code

- White Karate-Gi, for both kata & kumite.
- Hand-guards, shin/instep protectors & mouth guards are compulsory for Kumite. (For information about KNZ approved hand guards and shin/instep protectors contact Karate New Zealand).
- Groin guards, & chest guards (females) are optional, but recommended.

Further information is available by contacting Karate Auckland on 476 2 476 or email duane@fushinryukarate.org.nz

Please ensure entries with entry fee attached are received by Karate Auckland by 7th June 2010, at 539 East Coast Road, Brownsbay, Auckland.



Karate Auckland Secondary Schools Championship Entry Form

To be held at Rangitoto College School Gym,
564 East Coast Road, Mairangi Bay, Auckland

***Sunday 13th June 2010: 12 pm start

Competitor fee: \$30 Individual and Team events.

**Please ensure that entries (with entry fee attached) are received by Karate Auckland by the
7th June 2010 at 539 East Coast Rd, Browns Bay, North Shore City.**

Name: _____ **Ph:** _____

Age (as at 01 Jan 09) _____ **D.O.B.** _____ **Gender** (circle one) **Male** **Female**

School _____

Principal's Declaration: The students named above are enrolled at this school in a class in Year 9 or above on the day of competition, are under the age of 19 years as at 1 January 2010, and satisfy the eligibility criteria for secondary school sporting competitions as set by NZSSSC and Karate New Zealand.

Signature of Principal or authorised designate _____

Entering (circle or tick divisions entered)

| MALE KATA | <i>Dev</i> | <i>Prem</i> | FEMALE KATA | <i>Dev</i> | <i>Prem</i> |
|--------------------|------------|-------------|----------------------|------------|-------------|
| 12/13 years | — | — | 12/13 years | — | — |
| 14/15 years | — | — | 14/15 years | — | — |
| 16-18 years | — | — | 16-18 years | — | — |
| MALE KUMITE | | | FEMALE KUMITE | | |
| 12/13 years -53kg | — | | 12/13 years -50kg | — | |
| 12/13 years +53kg | — | | 12/13 years +50kg | — | |
| 12/13 years Open | — | | 12/13 years Open | — | |
| 14/15 years -60kg | — | | 14/15 years -55kg | — | |
| 14/15 years +60kg | — | | 14/15 years +55kg | — | |
| 14/15 years Open | — | | 14/15 years Open | — | |
| 16-18 years -70kg | — | | 16-18 years -55kg | — | |
| 16-18 years +70kg | — | | 16-18 years +55kg | — | |
| 16-18 years Open | — | | 16-18 years Open | — | |

3-on-3 TEAM KUMITE (Open weight)

Maximum of one team per school in each division

| | | | | |
|-------------|-------|-------|-------|--|
| Male Team | 12/13 | 14/15 | 16-18 | one member each age group, open weight |
| Female Team | 12/13 | 14/15 | 16-18 | one member each age group, open weight |

Please note "Divisions may be combined or cancelled if insufficient entries"